



**Doug Cinnella**



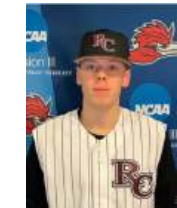
**Steve Hayward**



**Bobby Lineburg**



**Joe Cinnella**



**Garrett Van Alstyne**



**Professional Baseball Instruction, Inc.**  
 1300 Route 17 North, Ramsey, NJ 07446  
 1-800-282-4638  
[www.baseballclinics.com](http://www.baseballclinics.com)

# SPRING Training

**FIELDING & HITTING**



**TRAINING PROGRAM**



**PITCHERS  
TRAINING PROGRAM**

**For Players  
8, 9, 10, 11 & 12  
Years Old**



[www.BASEBALLCLINICS.COM](http://www.BASEBALLCLINICS.COM)



## REGISTRATION, PAYMENT & AGREEMENT

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Fathers Name: \_\_\_\_\_ Mothers Name: \_\_\_\_\_ What grade are you in at school?: \_\_\_\_\_

Fathers Cell: \_\_\_\_\_ Mothers Cell: \_\_\_\_\_ Home Phone: \_\_\_\_\_

E-Mail(s): \_\_\_\_\_

|  |
|--|
| Member Price:<br>4 Week Program: <b>\$188.<sup>99</sup></b>  |
| Regular Price:<br>4 Week Program: <b>\$209.<sup>99</sup></b> |

| I WILL ATTEND THE FOLLOWING 90 PROGRAMS...  |            |
|---|------------|
| Program # _____   | + \$ _____ |
| Program # _____   | + \$ _____ |
| Program # _____   | + \$ _____ |
| Program # _____   | + \$ _____ |
| <b>TOTAL DUE:</b> _____   |            |
| <small>Clinic fee includes Non-refundable registration fee of \$50.<sup>00</sup> per clinic</small> |            |

**METHOD OF PAYMENT**

Accepted Methods of Payment...

Check (payable to cash)

Cash      Credit Card #:

MC

Visa

AME      Exp. Date: \_\_\_\_\_ CVV code: \_\_\_\_\_

NOTE: A 3% convenience fee will be charged to all credit card transactions. You can avoid this fee by payment cash or check (made payable to cash)

1300 Route 17 North, Ramsey, NJ 07446  
 Toll Free: 800-282-4638 Direct: 201-760-8720  
[www.BASEBALLCLINICS.COM](http://www.BASEBALLCLINICS.COM)

### SIGNATURE & POLICY AGREEMENTS

**REFUND POLICIES**— There are NO cash refunds. Any student missing clinic time, regardless of the reason, will be issued a credit voucher minus a \$50.<sup>00</sup> administrative fee. Vouchers can be used towards a qualifying future PBI program.

**MAKE-UP TIME**— You will be expected to attend the sessions you signed up for. PBI can not guarantee the ability to accommodate changes made after the program has begun. Make-ups will not be provided for missed class time unless the missed class time is due to the State of NJ having declared an emergency.

**WEATHER**— All programs will run according to schedule unless there is a state of emergency weather situation declared by the State of NJ.

**HOLD HARMLESS**— I hereby acknowledge that participation in any program provided by PBI involves an inherent risk of physical injury and hereby assume all such risk and do hereby release, forever discharge, and hold harmless, PBI and all its employees and agents thereof from any and all known liability no matter the nature, arising from and by reason of any and all known and unknown, foreseen and unforeseen body and personal injuries, damage to property, and the consequences thereof, resulting from the registrant's participation in or involvement with this camp, including any failure of equipment or defect in the premises. I also hereby certify that the participant is in good physical condition and can partake in the daily schedule of events. In the case of an emergency, I grant permission for the participant to be given treatment by a local hospital. Any photographs taken at the camp are subject to be used in the brochure in future years and can possibly be used for advertising the camp. I hereby state that I am the legal guardian of the participant.

**By affixing my signature below I confirm that I have read and agree to the policies and Hold Harmless Agreement stated above.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Are either parents/guardians an active member of the US military?  YES  NO

# HITTING & FIELDING



The PBI **HITTING** portion of the program will cover all of the fundamental skills needed to be a successful little league hitter; including swing plane, lower and upper body mechanics training. The PBI coaching staff will perform innovative drills to increase your chances of hitting the ball on the "sweet spot" consistently. Our hitting stations, when performed properly, create positive muscle memory, effectively replacing poor habits with good habits. Live batting practice will also be part of the program. Bunting skills and baserunning work will complete the offensive training aspect of the program. The PBI award winning hitting program has been developed with the help of Major League Managers Clint Hurdle, Sam Perlozzo and Felipe Alou. Input from Major League players including **2019 American League All-Star** Tommy LaStella and Patrick Kivlehan make this the best hitting program for your baseball player.

The PBI **FIELDING** portion of the program is a simple and straight forward approach to developing solid fielding fundamentals. Students will learn and sharpen basic fielding skills and then move onto more intermediate and advanced skill-work, including backhand drills, forehand drills, short hops, long hops, applying tags, and learn how to consistently field "thru the ball" which is vital to being a solid infielder. Outfield ground balls, fly balls, and getting the proper approach and angles will be covered. Students will field an abundance of ground and fly balls, and make numerous throws from the basic fielding positions and from an off-balance position as well. Long time MLB player/coach/manager Sam Perlozzo, former Major Leaguer Mike Aviles and current Major Leaguer Tommy La Stella constantly keep PBI on the cutting edge of training for our fielders.

## APRIL- Hitting & Fielding Clinic

| PROGRAM # | DAY       | DATES               | TIME          |
|-----------|-----------|---------------------|---------------|
| 800-W     | Wednesday | April 2, 9, 16, 23  | 4:30—6:00 PM  |
| 800-F     | Friday    | April 4, 11, 18, 25 | 6:00— 7:30 PM |

## MAY- Hitting & Fielding Clinic

| PROGRAM # | DAY       | DATES                   | TIME          |
|-----------|-----------|-------------------------|---------------|
| 900-W     | Wednesday | April 30, May 7, 14, 21 | 4:30—6:00 PM  |
| 900-F     | Friday    | May 2, 9, 16, 23        | 6:00— 7:30 PM |



**PBI Coach Voted 3<sup>rd</sup> for 2008 Rookie of the Year!**

**Mike Aviles: IF, Indians**

**"PBI develops great ballplayers!"**



**SAM PERLOZZO**



**PATRICK KIVLEHAN— TORONTO BLUE JAYS**

**"PBI's hitting program is the best in the business!"**



**"PBI'S STAFF ARE MASTERS OF BUILDING CONFIDENCE AND MOTICATING THEIR STUDENTS. PBI OFFERS THE ULTIMATE BASEBALL TRAINING. I'M PROUD TO BE ASSOCIATED WITH SUCH A FINE PROGRAM!"**

**CLINT HURDLE**



# PITCHING

PBI will develop solid fundamental **PITCHING** mechanics and improve command of your pitches through specific training drills. Pitching mechanics will be worked on at every training session through our "building blocks" program that has developed top-level youth pitchers. Pitching can become "easy" when broken into simple to comprehend drills. All students will develop a positive thought process of pitching and understand the responsibilities that are vital to pitching success. All pitchers will throw off of regulation Little League mounds during the final two weeks of every program. PBI's pitching programs are designed with the help of legendary Major League pitching coach Leo Mazzone. Remember, "90% of the game is pitching."

## APRIL- Pitching Clinic

| PROGRAM # | DAY       | DATES               | TIME          |
|-----------|-----------|---------------------|---------------|
| 801-W-P   | Wednesday | April 2, 9, 16, 23  | 4:30—6:00 PM  |
| 801-F-P   | Friday    | April 4, 11, 18, 25 | 6:00— 7:30 PM |

## MAY—Pitching Clinic

| PROGRAM # | DAY       | DATES                   | TIME          |
|-----------|-----------|-------------------------|---------------|
| 901-W-P   | Wednesday | April 30, May 7, 14, 21 | 4:30—6:00 PM  |
| 901-F-P   | Friday    | May 2, 9, 16, 23        | 6:00— 7:30 PM |



**"GREAT PLACE, GREAT BASEBALL PEOPLE!"**

**LEO MAZZONE**